

GEISER EQUINE EDUCATION SEMINARS
PRESENTS A TWO DAY CLINIC; *FIRST OF ITS KIND IN THIS AREA!!*

“FOR WOMEN ONLY”

WOMEN + HORSES = HEALTH and FUN!

This clinic will address the importance of the Equestriennes’ physical health, fitness and rider Psychology and Safety, through the topics of:

- THE FEMALE ANATOMY MOVEMENT WHEN RIDING....BACK PAIN?**
- STRETCHING AND STRENGTHENING EXERCISES, “HORSESIZE CLASS”**
- SPECIAL FEMALE CONDITIONS and MIND OVER BODY**
- SAFETY ON THE TRAIL and RIDING THROUGH THE SHY, TRAINING YOUR HORSE**
- MOUNTED DEFENSIVE TACTICS FOR WOMEN (Are you safe on the trail from attack?)**

Each participant will receive a gift package just for the female equestrienne, and be treated to a day of catering. All is provided...a healthy breakfast, lunch and refreshments. Each day will end with a special chat session and refreshments. If you are female and ride? This is a must be there event !!

<u>WHEN</u>	<u>WHERE</u>	<u>COST</u>
SAT. & SUN. Jun 27,28 & 29 nd , 2008 9:00am to ?pm	GEISER EQUINE Harnesseds Winds Farm 16521 NW 120 th Avenue Rd. Reddick, FL 32686 (north of Ocala)	Includes one Horse Stall, Your Food and extras Apartment or your Camper. Total cost \$400. Cash/ Checks/Visa or Master Card

INSTRUCTORS: Sgt. DARLENE GEISER and TERRY GEISER

YOU WILL RECEIVE VALUABLE INFORMATION, ARTICLES and TRAINING.

PLEASE RETURN THE ATTACHED REGISTRATION WITH THE CLINIC PAYMENT TO:

GEISER EQUINE, INC.
 16521 NW 120th Ave. Rd.
 Reddick, FLA. 32686

Please return asap... “FOR WOMEN ONLY”June 27-28th, 2008REGISTRATION FORM

NAME:

ADDRESS:.....City.....State.....Zip.....

PHONE: homeworke-mail.....

Accommodations: Apartment _____ Camper _____ Horse’s Name _____

Horse’s Breed _____ Horse’s Color _____ Markings _____

Riding Style _____ Horse’s Age _____ Horse’s gender _____

NEGATIVE COGGINS, "HELMETS & BOOTS" REQUIRED